

Why Choose Us?

In a sea of care providers, Kenilworth Domiciliary Care Limited stands out as your premier choice. Our dedication to exceptional, personalized care ensures your loved ones receive the best support possible.

Our Mission:

To provide exceptional care that enhances the quality of life for our clients, fostering a supportive and caring environment.

Our Values:

- **Compassion:** Empathy and understanding in every interaction.
- **Professionalism:** Qualified, reliable, and dedicated care.
- **Community Focus:** Promoting social engagement and a sense of belonging.
- **Quality Care:** Personalized solutions tailored to each client's needs.



Kenilworth Domiciliary Care Limited

Your Trusted Partner in Comprehensive Home Care



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Kenilworth Domiciliary
Care Limited



Your Trusted Partner in Comprehen sive Home Care

OUR SERVICE AND USER BANDS

Physical Disability

When people have limitation, an individual physical functioning, mobility and dexterity which can lead to substantial and long term negative effect for individual's

ability to do normal daily activities.

Physical disabilities which include, Stroke, Arthritis, Muscular Dystrophy, Epilepsy and Spinal Bifida.

We will ensure to help and support people with any of the above disabilities to cop with their daily activities. We will support them during walking, climbing stairs, reaching to objects, bathing, nutrition and hydration.

Dementia

01 Dementia is a loss of cognitive function that occurs with certain diseases. It affects memory, thinking, and behaviour.

People with Dementia cannot at times control their emotions and their personalities are likely to change.

We will ensure our support to reducing confusion in people with dementia include:

- Have familiar objects and people around. Family photo albums can be useful.
- Try to maintain a regular sleep and eating schedule.



Dementia

- 02**
- Keep lights on at night.
 - Use reminders, notes, lists of routine tasks, or directions for daily activities.
 - Stick to a simple activity schedule.
 - Talk about current events.

Taking regular walks with our care staff, can help improve communication skills and prevent wandering.

Calming music may reduce wandering and restlessness, ease anxiety, and improve sleep and behaviour.

Mental Health

Mental Health is the state of individual mental well-being which will enable an individual to cope with stresses of life, whereby an individual can realize his or her abilities, learning well and contribute to everyday activities.

We will ensure to support individuals with Mental Health problems to have good mental health by supporting them to manage day to day stresses, work productively and contributing to the community by using their ability. This will give them the assurances of feeling happy with their everyday life activities.



Mental Health

Personal Care

Personal care, this is part of regulated activities, which involves:

- Personal hygiene – bathing, showering, hair washing, shaving, oral hygiene and nail care
- Food and diet – help with eating, special diets and food preparation
- Continence management – toileting, catheter/stoma care, skin care, incontinence laundry and bed changing
- Personal assistance – help with dressing, surgical appliances, prostheses, mechanical and manual aids, help getting in and out of bed and using hoists
- Simple treatments – assistance with medication (like eye drops), application of creams and lotions, simple dressings and oxygen therapy
- Counselling and support – behaviour management, psychological support and reminding devices
- Immobility problems – dealing with being immobile or substantially immobile

We Provide The Following To Meet Your Needs



Live-in-care

Our fully-trained career will live with you in your own home for 24 hours/7days. The live-in career will be available to support you with any specific needs to keep you comfortable and independent at home. Our live-in career will support you with following services:

- Personal Care, one-to-one, personalized support, 24 hours a day. Our Care worker will stay in your own home, alongside family.
- Help with domestic work such as cooking, cleaning and laundry
- Keep your independence and continue to be part of your local community
- Prevent feelings of isolation and loneliness.
- Receive support to ensure you get the medication, nutrition and hydration you need

Live-in-care

- Reduce your risk of falls and hospitalization
- Support you with your weekly or monthly shopping. Also assist you with all your appointments
- Stay with your loved one in your family home regardless of varying care needs
- Reduce pressure on relationships with family members.



Sleep-in-care.

Overnight care, also known as sleep-in care, is designed for those who need help before bedtime and upon waking.

Our Sleep-in Care worker provides proactive support. The Care worker will provide

the following services:

- ☑ Changing Day time to Night dress
 - ☑ Getting you ready to bed.
 - ☑ Assist with any bedtime medication
 - ☑ Change position due to injury.
 - ☑ Regular night time checks while you sleeping
 - ☑ Personal care in the morning
 - ☑ Preparing breakfast.
 - ☑ Assist with morning medication
- And others

Administering Medication

Domiciliary care, also known as home care, is a type of health service that allows individuals to receive the necessary assistance while remaining in their homes.

As a result, medication management plays a vital role in domiciliary care. Our Care worker will help service users maintain their safety and quality of life.



We Provide The Following To Meet Your Needs



Medication Administration

This is a guide that helps care workers ensure the safety of patients regarding the usage of both prescription and over-the-counter medications. If medication administration is being done by nursing staff or a healthcare professional, certain principles are in place to make sure that the eight rights are adhered to for each patient.

Medication Administration

The different types of medication administration done by care worker. There are many ways to administer medication, also known as routes. There are fourteen routes that can be used. The most common done by the care workers are oral, topical (on the skin), rectal, inhaled.

Medication Administration

- The 8 rights of medication 1.Right Patient. 2. Right Medication. 3. Right Dose. 4. Right Route. 5. Right Time and Frequency. 6. Right Documentation. 7. Right Reason. 8. Right Response.

The purpose of medication administration The purpose of medication administration is to:

- cure or treat a condition
- to reduce symptoms
- to prevent an illness

There are both prescribed medications and over-the-counter options that are often administered by well trained carer.



Companionship Care

We provide support for those who are still able to live independently and safely within their own homes, but could do with a little extra friendship and socialization. The purpose of companionship is to reduce or prevent loneliness in older adults.

Companionship support offers conversation, someone to listen to your stories, ask you about your day, and share experiences with, including hobbies.

A companion care worker can be the perfect remedy for somebody that's feeling a little lonely but still wishes to remain in their own home.

Benefits of Companionship Care

Companionship care can help boost health, wellbeing and quality of life.

•Health benefits

Loneliness can be bad for you. Research studies show that that older people who feel lonely are more likely to become depressed and develop dementia. Age UK have calculated that loneliness can be as harmful to health as smoking 15 cigarettes a day.



We Provide The Following To Meet Your Needs



Benefits of Companionship Care

Less isolation

Recent studies have found that loneliness can lead to social withdrawal, as well as anxiety and generally feeling upset. Loneliness is thought to be caused by these

feelings of anxiety, so it's not surprising that depression and anxiety levels tend to be similar in lonely people.

If your loved one begins to isolate themselves from others, companionship care worker can play a crucial role - making sure they keep in touch with others, including family members and friends.

•Confidence boost

When someone has lost a partner or has impaired mobility, it can be worrying to go on errands, outings or to social events. A companionship carer can provide support and an elbow to lean on.

With the reassurance of back-up, your loved one may have more confidence to leave the house.

•Better cognition

It's completely normal to be concerned that as your loved one ages, they may be at risk of cognitive decline. Research has shown that rates of Alzheimer's are lower in

people with busy social lives and good friends. This helps to illustrate that companionship care services can stimulate the minds of older adults. In the process, they improve memory function and can even prevent the onset of dementia in your elderly loved one - similar to what takes place in a memory care home.



We Provide The Following To Meet Your Needs



Benefits of Companionship Care

•Appointments and outings

Medical conditions or failing eyesight can mean that driving is no longer possible. This can make getting around a challenge. Carers with cars, or licenses to allow them to drive a family own vehicle, can make getting to appointments, meetings and parties much easier.

•Hobbies and interests

Taking part in meaningful activities can make life interesting, enjoyable and worth living. It's easy to let hobbies slide after an injury or illness. A carer can help people rediscover their interests, whether it's dancing, swimming, bridge or stamp collecting and support them to get to clubs or social centers.



•Increased Sense of Security

As the effects of aging take over, it can be difficult for seniors to be alone. What happens if they fall or need help? How will they reach the phone? How long would it take for someone to notice that they're hurt? Questions like these can haunt the elderly and their loved ones. Hiring a companion from Kenilworth Domiciliary care provides a sense of security that is hard to find elsewhere.

•Help with Daily Tasks

Household chores can seem daunting for some seniors. With limited mobility or the side effects of illness preventing them from performing their routine, they can be left

feeling depressed and hopeless. This is where, Kenilworth Domiciliary care provider

can step in. Whether your family member needs help with laundry, watering plants, or preparing meals, their caregiver can help. Instead of taking over the household chores completely, home healthcare professionals will allow your loved one to maintain their independence while helping where needed.





Our Companionship Care Staff will help you with:

Companionship support offers emotionally-supportive conversations, somebody to listen to your stories, ask about your day and share experiences with. There are so many things you can do with a companionship carer. Play games, go for walks, you may wish to read a book and discuss it, watch your favorite TV show,, go shopping or simply have a much-needed conversation.

Companionship care staff are usually chosen following an assessment and meeting with them. Your loved one will need to tell the home care provider what their likes and dislikes are, along with what they’d like from a companionship carer. Though exact matches are often difficult to come by, a provider like Kenilworth Domiciliary Care will look at things like personality and interests.



We Provide The Following To Meet Your Needs



Post-hospitalization care

Care that is given to patients in the months following their discharge from the hospital is referred to as post-hospitalization care. It is a very crucial and critical time period where the patient needs to be taken care of well so that they do not have a relapse or contract another disease. Moreover, they may be unable to do their own work and require assistance. That is why they need home care services. Post-hospitalization care covers all these aspects.



Post-hospitalization services include:

- Medication management and administration
- Attendance of follow-up care
- Provide dietary and exercise needs
- Provide companionship, care, and reassurance
- Wound care including dressing changes
- Pain and symptom management
- Surgical site monitoring
- Other services that may improve overall comfort of client

There are many health risks to actively manage during the recovery process that will either extend the recovery period or will contribute to worsening the patient’s condition.





Typical risks to most carefully manage are:

- Not taking medications as prescribed
- Missing medical follow-up appointments
- Poor nutrition
- Not doing the recommended rehabilitation exercises
- Dehydration
- Fall hazards at home
- Driving a car when not ready

You may need post hospitalization care if you have been bedridden for a long time, have broken bones, are terribly sick or suffer from heart disease. Moreover, when you are released from the hospital, it may also not be possible for you to do your own housekeeping and other work.

Post-hospitalization care is require when;

- Recovery from sickness
- Chronic illness
- Healing post-surgery
- Wound treatment



We Provide The Following To Meet Your Needs



How Kenilworth Domiciliary care Help You Recover Safely;

We will make your transition home safer and your recovery faster with the following services.

- Hospital Discharge
- Medical Appointment Coordination
- Transportation Home
- Light Housekeeping
- Medication Supervision
- Rehabilitation
- Progress Notes
- Cooking
- Monitoring Warning Signs



Household tasks

Household service is when a care assistant will come to your home to help out with

any areas of housework with which you may be struggling. Our carers are able to help out with a wide range of tasks and chores for people who lack the physical ability or the time to do them themselves. Your housekeeping services are provided alongside your care.

Household tasks

- Sweeping and mopping floors
- Meal preparation and cleanup
- Dusting and vacuuming
- Taking out the trash
- Day-to-day tidying up
- Laundry and ironing clothes
- Cleaning bathroom(s)
- Making beds and changing linens
- Thoroughly cleaning the kitchen and appliances
- Organizing closets, cupboards, etc.



We Provide The Following To Meet Your Needs



The benefits of housekeeping services:

- Reduce stress levels
- Maintain your well-being
- Enjoy a clean, warm home
- Keep up your hobbies

Having a housekeeping assistant gives you and your family peace of mind that you're receiving the support that you need in your own home, and aren't taking on more than you're physically able to do.

Housekeeping services are for:

- Elderly care
- Recovering from an accident
- Receiving palliative care
- Recovering from surgery

- Loved ones are going on holiday
- Living with a complex condition
- Mobility support at home
- Light medical support
- Friendly companionship



Day to day errands

There is always a list of things that need to get done. There are always more errands to run. You need to get to the bank or to the grocery store. There are prescriptions that need to be picked up from the pharmacy.

Our qualified caregivers can help by doing the shopping and errands or by providing the transportation and assistance required by the person to accomplish these tasks themselves.

Examples of the types of transportation, errands, and shopping assistance we provide include but are not limited to:

- Grocery store/pharmacy
- Doctor/dental appointments
- Department store shopping
- Barbershop/hairdresser and nail salon
- Visits to the senior centre, family events, and community activities
- Dining out and other leisure activities

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